



# Illuminate Me

## TRUSCULPT iD - PATIENT INFORMED CONSENT FORM

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I hereby authorise LEANNE DORÉ OF ILLUMINATE ME, to treat me with the truSculpt device.

I understand that this procedure uses radiofrequency (RF) energy to heat deep tissues evenly, raising their temperature in order to treat specific medical conditions.

The recovery time associated with this treatment is very short, or non-existent.

It is possible that the results obtained may be minimal or absent.

The procedure may cause the following side-effects or risks:

**DISCOMFORT/PAIN** – Moderate discomfort during treatment is expected. Slight tenderness or sensitivity in the treated area may persist for a few hours afterwards and may, on occasion, last for several days.

**REDNESS/SWELLING/BRUISING** – Temporary redness (erythema) is expected after treatment and usually lasts for several hours. Swelling (oedema) and/or bruising may occur in the treated area and generally resolve within 24 hours or a few days.

**BRUISING/REDNESS OUTSIDE THE TREATED AREA** – May occur where the adhesive pad is applied and when it is removed from the patient's skin.

**LUMPS** – Firm, swollen areas may develop in the treated region 24 to 72 hours after treatment and typically resolve without intervention within a few weeks. If lumps appear, they are often tender to the touch.

**BLISTERS OR WOUNDS** – Treatment may cause burns, blisters, flaking, crusting or bleeding in the treated area. Should this occur, please contact our clinic (telephone number).

**INFECTIONS** – Although proper wound care should help to prevent infection, it remains possible whenever the skin's surface is disturbed. If you notice signs of infection—such as pain, warmth, or spreading redness—please contact our clinic (telephone number). It is ESSENTIAL that you follow all post-treatment instructions provided by the healthcare team.

**SCARRING** – Scarring is uncommon but must always be considered when the skin surface is involved. To reduce the risk of scarring, it is ESSENTIAL that you follow all post-treatment instructions provided by the healthcare team.

**PIGMENTATION CHANGES** – If the skin surface is affected, the treated area may become lighter (hypopigmentation) or darker (hyperpigmentation) than the surrounding skin. This is usually temporary but, in rare cases, may be permanent.

**NUMBNESS** – Temporary numbness may occasionally occur.

I acknowledge that the following points have been discussed:

The potential benefits of the proposed procedure, including the possibility that it may have no effect.

Alternative treatments, such as surgery.

The reasonably foreseeable consequences if the procedure is not carried out.

Possible complications/risks associated with the proposed procedure and the healing period that follows.

For women of child-bearing potential: By signing below, I confirm that I am not pregnant and do not intend to become pregnant during the course of treatment. I also agree to inform LEANNE DORÉ OF ILLUMINATE ME and team should pregnancy occur during the treatment period.

Reference photographs will be taken.

I hereby authorise  / do not authorise  the use of my photographs for educational purposes.

## CONFIRMATION

BY SIGNING BELOW, I ACKNOWLEDGE THAT I HAVE READ AND UNDERSTOOD THE ENTIRE CONTENT OF THIS TRUSCULPT PROCEDURE INFORMED CONSENT FORM AND HAVE RECEIVED SATISFACTORY ANSWERS TO ALL MY QUESTIONS.

Patient signature: \_\_\_\_\_

Date: \_\_\_\_\_

Witness (in print): \_\_\_\_\_ Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Practice Name: Illuminate Me