



PATIENT INFORMED CONSENT FORM FOR TREATMENT OF VASCULAR AND PIGMENTED LESIONS

I hereby authorise Leanne Doré and Associates supervision to remove or lighten the appearance of vascular and/or pigmented lesions. The procedure involves using a laser or pulsed light device to coagulate the vessels or vascular lesions and/or treat pigmented lesions, age spots, and sunspots by melanin absorption.

I understand it may take multiple treatments to obtain optimal results. Although these devices are effective in most cases, no guarantees can be made. I understand I may not experience complete clearance, and that it may take multiple treatments. Some conditions may not respond at all and, in rare cases, may become worse.

The procedure may result in the following adverse experiences or risks:

- **DISCOMFORT/ PAIN:** Some discomfort may be experienced during treatment. Pain may include the feeling of burning, stinging and radiating pain.
- **REDNESS/SWELLING:** Short term redness (erythema) is common and swelling (Edema) of the treated area may occur. An urticarial (hive-like) reaction may occur with smaller vessels.
- **PURPURA / BRUISING:** Purpura (bruising) is a transient phenomenon that usually resolves with time.
- **HEMOSIDERIN STAINING:** (iron leaking into tissue from blood breakdown) may occur and usually resolves over time, but it may be permanent.
- **SKIN COLOUR CHANGES:** During the healing process, there is a slight possibility that the treated area may become either lighter (hypopigmentation) or darker (hyperpigmentation) in colour compared to the surrounding skin. This is usually temporary, but, on a rare occasion, it may be permanent.
- **EPIDERMAL CRUSTING:** Pigmented lesions may crust as part of the healing process. Epidermal crusting may develop over vascular lesions. It is important not to disturb the crusts. May require medication if sensitivity or redness occurs. Crusts will typically slough 7 to 14 days after treatment.
- **WOUNDS:** Treatment can result in burning, blistering or bleeding of the treated areas. If any of these occur, please call our office.
- **BURNS & INFECTION:** Infection is a rare possibility whenever the skin surface is disrupted, though proper wound care should prevent this. If signs of infection develop, such as pain, heat or surrounding redness, please call our office on 021 620 555.
- **SCARRING:** Scarring is a rare occurrence, but it is a possibility if the skin's surface is disrupted. To minimize the chances of scarring, it is IMPORTANT that you follow all post-treatment instructions provided by your healthcare staff.
- **TEXTURAL CHANGES/CUTANEOUS INDENTATIONS:** May occur as a result of heat diffusion and thermal injury to tissue surrounding vessels.
- **UNDESIRABLE HAIR REDUCTION:** Hair reduction may occur at treatment sites. This is usually temporary but may be permanent.
- **SUN EXPOSURE / TANNING BEDS / ARTIFICIAL TANNING:** May increase risk of side effects and adverse events.
- **EYE EXPOSURE:** Protective eyewear (shields) will be provided to you during the treatment. Failure to wear eye shields during the entire treatment may cause severe and permanent eye damage.

I acknowledge the following points have been discussed with me:

- Potential benefits of the proposed procedure, including the possibility that the procedure may not work for me.
- Alternative treatments such as sclerotherapy or surgery
- Reasonably anticipated health consequences if the procedure is not performed.
- Possible complications/risks involved with the proposed procedure and subsequent healing period.

For women of childbearing age: By signing below I confirm that I am not pregnant and do not intend to become pregnant anytime during the course of treatment. Furthermore, I agree to keep Leanne Doré and staff informed should I become pregnant during the course of treatment.

Photographic documentation will be taken. I hereby do / do not authorise the use of my photographs for teaching purposes. (tick one)

ACKNOWLEDGMENT

By my signature below, I acknowledge that I have read and fully understand the contents of this informed consent for treatment of vascular/pigmented lesions and that I have had all my questions answered to my satisfaction by my healthcare team.

Signature-Patient or Guardian

Print Name/Relationship

Date